



Surname _____

Forename(s) _____

Centre Number _____

Candidate Number _____

Candidate Signature _____

I declare this is my own work.

GCSE

PHYSICAL EDUCATION

**Paper 2 Socio-cultural influences and
wellbeing in physical activity
and sport**

8582/2

Monday 3 June 2024

Afternoon

Time allowed: 1 hour 15 minutes

[Turn over]



JUN248582201

On the front of this book, write your surname and forename(s), your centre number, your candidate number and add your signature.

MATERIALS

You will need no other materials.

INSTRUCTIONS

- **Use black ink or black ball-point pen. Pencil should only be used for drawing.**
- **Answer ALL questions.**
- **You must answer questions in the spaces provided. Do not write on blank pages.**
- **If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).**



- **Do all rough work in this book. Cross through any work you do not want to be marked.**

INFORMATION

- **The marks for questions are shown in brackets.**
- **The maximum mark for this paper is 78.**
- **Questions should be answered in continuous prose. You will be assessed on your ability to:**
 - **use good English**
 - **organise information clearly**
 - **use specialist vocabulary where appropriate.**

DO NOT TURN OVER UNTIL TOLD TO DO SO



Answer ALL questions.

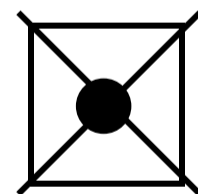
Only ONE answer per question is allowed.

For each question completely fill in the circle alongside the appropriate answer.

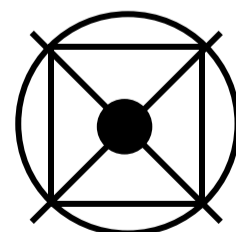
CORRECT METHOD 

WRONG METHODS    

If you want to change your answer you must cross out your original answer as shown.



If you wish to return to an answer previously crossed out, ring the answer you now wish to select as shown.



0	1
---	---

What is the correct kcal/day requirement for an average adult female? [1 mark]

A 2000

B 2250

C 2500

D 2750

[Turn over]



0	2
---	---

**Which ONE of these is a positive influence of spectators at matches?
[1 mark]**

A Improved atmosphere

B Increased safety costs

C Potential for more hooliganism

D Reduced participation



0	3
---	---

**Which ONE of these can be defined as ‘attempting to gain an advantage by stretching the rules to their limit’?
[1 mark]**

A Etiquette

B Gamesmanship

C Sportsmanship

D Teamwork

[Turn over]



0	4
---	---

**Which ONE of these is a MENTAL health benefit of taking part in regular exercise?
[1 mark]**

A Improved efficiency of the body systems

B Improved teamwork skills

C Reduced chance of injury

D Reduced feelings of stress



0	5
---	---

Which ONE of these would benefit MOST from blood doping? [1 mark]

A A 100m sprinter

B A 10km swimmer

C A badminton player

D A golfer

<hr/>
5

[Turn over]



06.1

Data now plays an important role in sport.

Define qualitative data. [1 mark]

06.2

State TWO methods of collecting qualitative data. [2 marks]

1 _____

2 _____

3



07.1

Define sponsorship in sport. [1 mark]

[Turn over]



07.2

Give THREE negative effects of sponsorship on sport. [3 marks]

Negative effect 1 _____

Negative effect 2 _____

Negative effect 3 _____



07.3

Explain how the following types of sponsorship may improve an individual's performance in sport. [3 marks]

Clothing/footwear _____

Equipment _____

Facilities _____

[Turn over]

7



08.1

Define skill. [1 mark]

08.2

Give ONE sporting example of a gross skill.

Justify why it is a gross skill. [3 marks]

Sporting example _____

Justification _____



[Turn over]



08.3

Explain how a performer uses the basic information processing model to receive a pass in a team sport. [4 marks]

Input _____

Decision making _____

Output

Feedback

[Turn over]

8



09.1**Define arousal. [1 mark]**

09.2

The inverted-U theory helps to explain the relationship between arousal level and performance level.

On FIGURE 1, on the opposite page, sketch the shape and the position of the curve for each of the following sporting skills:

- **Boxing punch**
- **Golf putt.**

Label each curve. [2 marks]

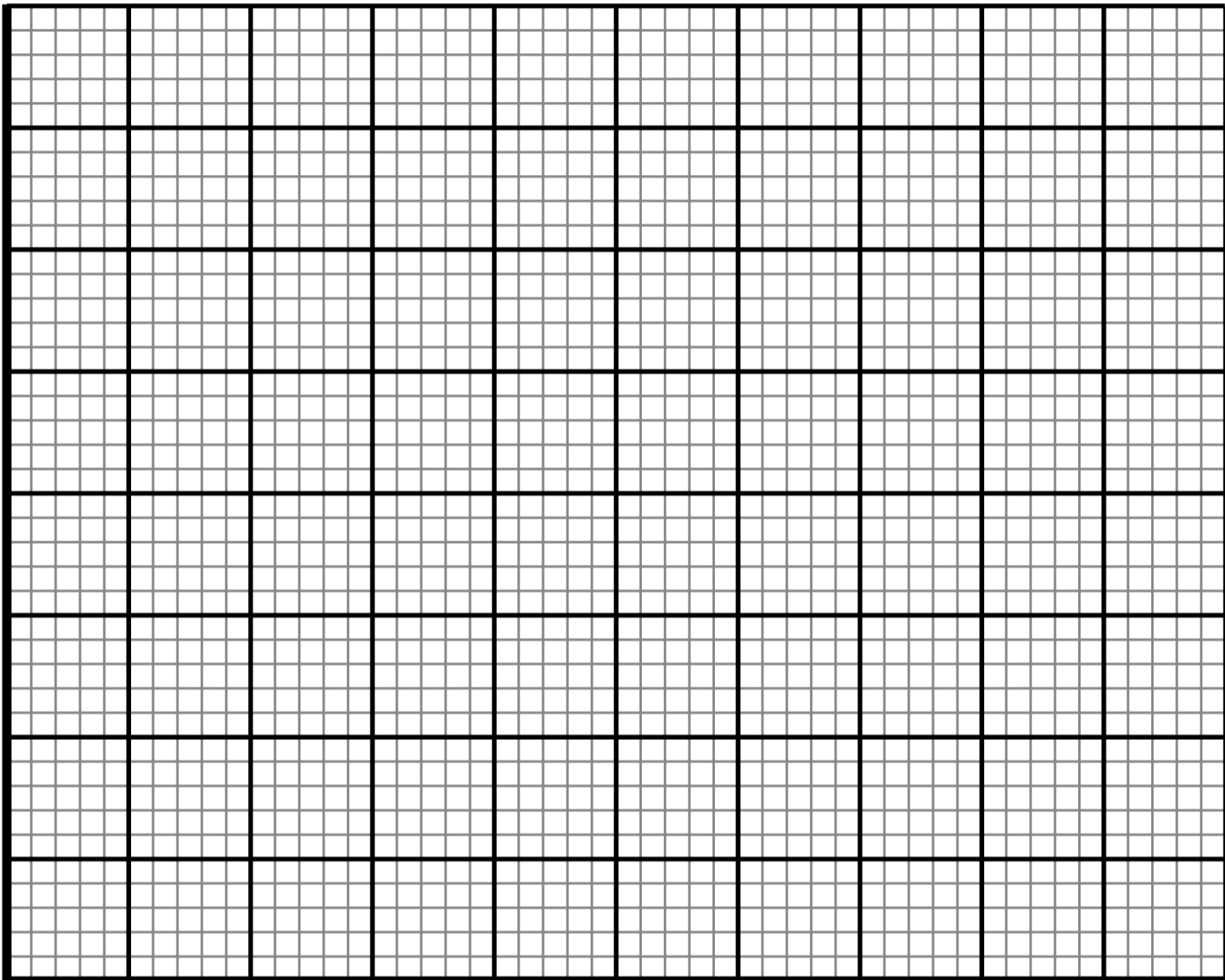


FIGURE 1

Performance level

High

Low



Low

High

Arousal level

[Turn over]

3



10.1

Give THREE physiological reasons why a performer may take beta blockers.

[3 marks]

1 _____

2 _____

3 _____

BLANK PAGE

[Turn over]



1 1 . 1

Define indirect aggression.

Give a sporting example of when it is used. [2 marks]

Definition _____

Sporting example _____

11.2

Identify the personality type that would be most suited to long distance running.

Justify your choice. [3 marks]

Personality type _____

Justification _____

[Turn over]

5



1 2 . 1

Suggest TWO ways an individual's disability may affect their engagement in physical activity and sport. [2 marks]

1 _____

2 _____

1 2 . 2

Suggest TWO ways an individual's peers may POSITIVELY affect their engagement in physical activity and sport. [2 marks]

1 _____

2 _____

[Turn over]



1 2 . 3

Suggest TWO reasons an individual's religion may affect their engagement in physical activity and sport. [2 marks]

1 _____

2 _____

6



1 3 . 1

Define an outcome goal.

**Use a sporting example in your answer.
[2 marks]**

[Turn over]

BLANK PAGE

[Turn over]



14.2

Explain THREE negative effects that obesity could have on performance in athletics. [3 marks]

1 _____

2 _____

3

[Turn over]

6



6



BLANK PAGE

[Turn over]



17

TABLE 1 contains data from a survey.

It shows the percentage of male and female adults (aged 16+) who have taken part in running or team sports at least twice in the month before completing the survey.

TABLE 1

	RUNNING	TEAM SPORTS
MALES	17.3%	12.7%
FEMALES	14.1%	3.2%



BLANK PAGE

For Examiner's Use	
Question	Mark
1 to 5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
TOTAL	

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