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ENGLISH LANGUAGE

Paper 1 Language and the individual

7701/1

Insert

Texts for use with questions 1, 2 and 3

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TEXT A

TEXT A is a report from the ‘Family & Education’ section of the ‘BBC News’ website. A transcript is provided on pages 4 and 5.

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Family & Education Young Reporter Global Education

Stress-busting dogs on university staff

By Sean Coughlan
BBC News family and education correspondent

🕒 30 April 2019

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There are five canine assistants, with another three to join the staff

Five dogs have joined the staff of Middlesex University to help students with exam stress or whose anxiety puts them at risk of dropping out.

The five labradors have become “canine teaching assistants” and will work on improving students’ wellbeing.

The five have their own staff cards, in a project purported to be the most systematic use of dogs in a university.

“You can literally feel stress levels reducing,” said Fiona Suthers, head of clinical skills at the university.

“It’s amazing and we’re very keen to continue and expand what we’re doing.

“It’s hard to describe the impact of just having a dog lying down in the corner of a class.

“When we initially introduced the scheme, I don’t think any of us thought it would be so successful.

Ms Suthers added all the dogs were specially trained and a “stringent assessment” had ensured they had the right temperament.

Last month, University of Buckingham vice-chancellor Sir Anthony Seldon backed the use of dogs as a way of reducing stress in schools and universities.

“The quickest and biggest hit that we can make to improve mental health in our schools and to make them feel safe for children is to have at least one dog in every single school in the country,” said Sir Anthony.

Education Secretary Damian Hinds backed his call, saying more schools seemed to have “wellbeing dogs” and “the pets can really help”.

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TRANSCRIPT OF TEXT A

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Family & Education Young Reporter Global Education

Stress-busting dogs on university staff

By Sean Coghlan

BBC News family and education correspondent

30 April 2019 [links show Facebook, twitter and email]

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**[A picture shows three working dogs, wearing
harnesses]**

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to help students with exam stress or whose anxiety
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END OF TRANSCRIPT FOR TEXT A

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TEXT B

TEXT B is a section from the online version of The Countryside Code. The Countryside Code lists laws for visitors to the English countryside.

KEEP DOGS UNDER EFFECTIVE CONTROL

When you take your dog into the outdoors, always ensure it does not disturb wildlife, farm animals, horses or other people by keeping it under effective control. This means that you:

- **keep your dog on a lead, or**
- **keep it in sight at all times, be aware of what it's doing and be confident it will return to you promptly on command**
- **ensure it does not stray off the path or area where you have a right of access**

Special dog rules may apply in particular situations, so always look out for local signs - for example:

- **dogs may be banned from certain areas that people use, or there may be restrictions, byelaws or control orders limiting where they can go**
- **the access rights that normally apply to open country and registered common land (known as 'open access' land) require dogs to be kept on a short lead between 1 March and 31 July, to help protect ground nesting birds, and all year round near farm animals**

- **at the coast, there may also be some local restrictions to require dogs to be kept on a short lead during the bird breeding season, and to prevent disturbance to flocks of resting and feeding birds during other times of year**

It's always good practice (and a legal requirement on 'open access' land) to keep your dog on a lead around farm animals and horses, for your own safety and for the welfare of the animals. A farmer may shoot a dog which is attacking or chasing farm animals without being liable to compensate the dog's owner.

However, if cattle or horses chase you and your dog, it is safer to let your dog off the lead – don't risk getting hurt by trying to protect it. Your dog will be much safer if you let it run away from a farm animal in these circumstances and so will you.

Everyone knows how unpleasant dog mess is and it can cause infections, so always clean up after your dog and get rid of the mess responsibly – 'bag it and bin it'. Make sure your dog is wormed regularly to protect it, other animals and people.

END OF TEXTS

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