



National
Qualifications
2025

X812/76/11

Care

FRIDAY, 30 MAY

1:30 PM – 3:00 PM

Total marks — 40

SECTION 1 — HUMAN DEVELOPMENT AND BEHAVIOUR — 12 marks

Attempt ALL questions.

SECTION 2 — SOCIAL INFLUENCES — 12 marks

Attempt ALL questions.

SECTION 3 — VALUES AND PRINCIPLES — 16 marks

Attempt ALL questions.

Write your answers clearly in the answer booklet provided. In the answer booklet, you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.



* X 8 1 2 7 6 1 1 *

SECTION 1 — HUMAN DEVELOPMENT AND BEHAVIOUR — 12 marks

Attempt ALL questions

1. Explain why it is important for a care worker to have an understanding of human development and behaviour when working in a care setting. 2
2.

Andrea is 48 years of age and has been diagnosed with Breast Cancer. Andrea's mother died of Breast Cancer 10 years ago. Since diagnosis, Andrea continued to carry on with work as normal and refuses to talk to her partner about the diagnosis. She has missed hospital appointments.
- (a) Explain how either nature or nurture can influence Andrea's development and behaviour. 2
- (b) Using Adams et al. Model of Transition, describe the stage of immobilisation in relation to Andrea's reaction and behaviour to her diagnosis. 4
3. Describe **two** features of Carl Rogers' Theory of Self. 4

SECTION 2 — SOCIAL INFLUENCES — 12 marks

Attempt ALL questions

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| 4. Describe the role of the family as a social influence. | 2 |
| 5. Describe two key features of conflict theory or feminism. | 4 |
| 6. Explain the importance of understanding the social influence of work when supporting individuals experiencing mental health issues. | 4 |
| 7. Describe one key feature of symbolic interactionism. | 2 |

[Turn over

SECTION 3 — VALUES AND PRINCIPLES — 16 marks

Attempt ALL questions

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| 8. Describe supervision as a feature of positive care practice. | 2 |
| 9. (a) Describe two stages of the care planning process. | 4 |
| (b) Using one stage identified in 9 (a), explain how this contributes to positive care practice. | 3 |
| 10. Using one piece of relevant legislation, explain how it can support the rights and choices of an individual in receipt of care services. | 4 |
| 11. Describe the benefits of a multi-disciplinary team being involved in the delivery of person-centred care practice. | 3 |

[END OF QUESTION PAPER]